



business developer | balance buddy | conscious creator

## FEEL LIKE YOU NEED A LITTLE SUPPORT IN THE PROFESSIONAL SPACE?



WE ARE YOUR BUSINESS PARTNER WITH OUT THE STRINGS ATTACHED, A SOUNDBOARD WITHOUT THE BURDEN... SOMEONE TO NOT JUST HOLD YOUR HAND, BUT OFFER PRACTICAL TOOLS & GUIDANCE ALONG THE JOURNEY OF ENTREPRENEURSHIP!

### PRIOR TO A CONSULTATION, WE LOOK AT:

- HOW YOUR BUSINESS/BRAND STARTED
- WHERE YOUR BUSINESS/BRAND IS NOW
- WHAT THE VISION/GOAL IS FOR THE BUSINESS/BRAND?

WITH A BUSINESS MIND & FROM A STRATEGIC, ANALYTICAL PERSPECTIVE WITH REALISTIC, TARGET-BASED SOLUTIONS IN MIND

WE ALSO RUN WOKRSHOPS, ENQUIRE ABOUT ANY UPCOMING EVENTS OR BOOK ONE FOR YOUR TEAM TODAY:

### ‘THINK NATURE’

*THIS IS A CHANCE TO STEP AWAY FROM YOUR YOUR BUSINESS, YOUR BABY, YOUR LOVE CHILD - & TO NURTURE THE CHILD WITHIN, WITH/IN NATURE. EXPECT COMMUNITY BUILDING, SUSTAINABLE DEVELOPMENT & MEANINGFUL CONNECTION.*

### ‘BEING A BOSS VS BEING A BUSINESS OWNER’

*AFTER A WILDLY SUCCESSFUL FIRST EVENT, THIS WILL BE THE SECOND OF ITS KIND - GEARED FOR BRAND & BUSINESS OWNERS TO REFINE THEIR ROLE AS A BOSS & BADASS.*

*THE FIRST WORKSHOP IN THE SERIES INVOLVED BIOMIMICRY & SYSTEMS VS STRUCTURES THINKING. THIS SECOND INSTALMENT IS FOCUSED ON DEFINING & UNDERSTANDING YOUR LEADERSHIP STYLE, COMMUNITY WITHIN ISOLATION & BUILDING A NETWORK WHEN BUILDING A BUSINESS.*

### ‘YOGA AS A TOOL FOR BUSINESS’

*YOGA IS A PRACTICE ~ WHEN WE TAKE IT OFF OUR MATS IT BECOMES LESS ABOUT WHAT WE DO & MORE ABOUT WHAT WE ARE.*



*inspired action, practical magic*